





May 2024

Brethren MSHS



MON	TUE	WED	THU	FRI
		1 Breakfast Yogurt & Muffin Lunch Tangerine Chicken, Rice, Mixed Vegetables, Oranges OR Corn Dog, Sweet Potato Fries	2 Breakfast Breakfast Sandwich Lunch Cheeseburger, Ranch Potato Wedges, Strawberry Cup OR Fruit Smoothie, Cheese Stick, Berry Scone	3 Breakfast Stuffed Waffle Lunch Bosco Sticks, Marinara, Corn, Tropical Fruit OR S'mores Yogurt Parfait, Granola, Muffin
6 Breakfast Banana Bread Lunch Chicken Nuggets, Smiley Fries, Watermelon OR Fresh Berry Chicken Salad, Breadstick	7 Breakfast Jumbo Cereal Lunch French Toast, Sausage, Hash Browns, Rainbow Fruit Salad OR Turkey Deli Sandwich & Soup, Goldfish	8 Breakfast Apple Frudel Lunch Bobcat Bowl, Chicken, Mashed Potatoes, Gravy, Corn, Cheese, Fruit OR Corn Dog, Sweet Potato Fries	9 Breakfast Caramel Cini Minis Lunch Mac & Cheese, Pretzel Stick, Roasted Broccoli, Oranges OR Chicken Salad Croissant, Salad	10 Breakfast Coco Puffs Bar Lunch Stuffed Crust Cheese Pizza, Roasted Brussel Sprouts, Fruit Slush Cup OR Barbie Yogurt Parfait, Granola, Muffin
13 Breakfast Donut Pull-aparts Lunch Roasted Chicken, Apple & Sausage Stuffing, Corn, Pears OR Fresh Berry Chicken Salad, Garlic Breadstick	14 Breakfast Chocolate Cherry Bar Lunch Loaded Nachos, Spanish Rice, Tropical Fruit OR Hot Ham & Cheese Pretzel, Sun Chips	15 Breakfast Yogurt & Muffin Lunch Philly Cheesesteak, Onion Rings, Fresh Grapes OR Corn Dog, Baked Beans	16 Breakfast Breakfast Sandwich Lunch BBQ Ribs, Macaroni Salad, Corn Bread, Watermelon OR Fruit Smoothie, Cheese Stick, Berry Scone	17 Stuffed Waffle Lunch Garlic Cheese French Bread, Roasted Asparagus, Peaches OR S'mores Yogurt Parfait, Granola, Muffin
20 Breakfast Banana Bread Lunch Crispy Chicken Sandwich, Curly Fries, Oranges OR Fresh Berry Chicken Salad, Breadstick	21 Breakfast Blueberry Pom Bar Lunch Soft Tacos, Refried Bean Dip, Mixed Fruit OR Turkey & Cheese Sandwich, Sun Chips	22 Breakfast Apple Frudel Lunch Beef & Broccoli Stir Fry, Rice, Diced Pears OR Corn Dog, Baked Beans	23 Breakfast Caramel Cinni Minis Lunch Sausage, Egg & Cheese Croissant, Hash Browns Melon OR Chicken Salad Croissant, Goldfish	24 Breakfast Coco Puffs Bar Lunch  Beef Hot Dog, Watermelon, Baked Beans, Sun Chips
27 	28 Breakfast Pop Tarts Lunch Beef Empanada, Mexican Street Corn, Pineapple OR Ham & Cheese Pretzel, Sun Chips	29 Breakfast Yogurt & Muffin Lunch BBQ Pulled Pork, Coleslaw, French Fries, Raspberry Grape Salad OR Corn Dog, Baked Beans	30 Breakfast Breakfast Sandwich Lunch Italian Subs, Pasta Salad, Sun Chips, Oranges OR Blueberry Soup, Waffle Kabobs	31 Breakfast Stuffed Waffle Lunch Cheese or Dilly Pickle Pizza, Roasted Asparagus Peaches, OR Red, White, and Blue Yogurt Parfait, Granola, Muffin


ANNOUNCEMENTS

May 3 - School Lunch Hero Day

May 24 - Grandparent's Day

May 27 - Memorial Day

Variety of fresh fruits and vegetables offered on our salad bar daily

*Food allergen symbol:
 = contains peanuts

Ice cold milk options available daily: low fat white, low fat chocolate

~ Menu subject to change ~

Check out the **KND School Nutrition** Facebook page!

This Institution is an equal opportunity provider

We need SUBS!
Call the school office or email Tim at klenowt@manistee.org to learn how to apply!!