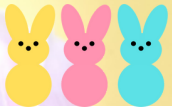


APRIL 2024

Brethren MSHS



ANNOUNCEMENTS

WELCOME BACK!

APRIL IS EARTH MONTH



Variety of fresh fruits and vegetables offered on our salad bar daily

*Food allergen symbol:

 = contains peanuts

Ice cold milk options available daily: low fat white, low fat chocolate

~ Menu subject to change ~

Check out the **KND School Nutrition** Facebook page!

This Institution is an equal opportunity provider

We need SUBS!

Call the school office or email Tim at klenowt@manistee.org to learn how to apply!!

MON

TUE

WED

THU

FRI



8 Breakfast
Banana Bread
Lunch
Chicken Nuggets,
Smiley Fries, Mixed Fruit
OR BBQ Chopped
"Earthy" Salad, Garlic
Breadstick

15 Breakfast
Donut Pull-aparts
Lunch
Beef Hot Dog, Frito Corn
Salad, Fresh Grapes OR
Chef Salad, Garlic
Breadstick

22 Breakfast
Banana Bread
Lunch
Toasted Ravioli, Ceasar
Salad, Breadstick,
Oranges OR BBQ
Chopped "Earthy" Salad,
Breadstick

29 Breakfast
Donut Pull-aparts
Lunch
BBQ Pulled Pork,
Coleslaw, Onion Rings,
Mixed Fruit OR Chef
Salad, Garlic Breadstick

2 Breakfast
Poptarts
Lunch
Crispy Chicken
Sandwich, Curly Fries,
Pineapple OR Turkey
& Cheese Sub,
Sun Chips

9 Breakfast
Breakfast Uncrustable
Lunch
Cheeseburger, Green
Beans, Strawberry Cup
OR Ham & Cheese
Sub, Chips

16 Breakfast
Chocolate Cherry Bar
Lunch
Loaded Nachos,
Spanish Rice, Tropical
Fruit OR Turkey &
Cheese Sub,
Sun Chips

23 Breakfast
Breakfast Uncrustable
Lunch
Taco Pizza, Roasted
Corn, Apple Empanada
OR Ham & Cheese
Sub, Sun Chips

30 Breakfast
Blueberry Lemon Bar
Lunch
Popcorn Shrimp, Crinkle
Fries, Hush Puppies,
Grapes OR Turkey &
Cheese Sub, Sun Chips

3 Breakfast
Yogurt & Muffin
Lunch
French Toast, Sausage,
Hash Browns, Melon
OR Corn Dog, Sweet
Potato Fries

10 Breakfast
Apple Frudel
Lunch
Bobcat Bowl, Chicken,
Mashed Potatoes, Gravy,
Corn, Cheese, Fruit OR
Corn Dog, Sweet Potato
Fries

17 Breakfast
Yogurt & Muffin
Lunch
Italian Subs, Pasta
Salad, Apple Slices,
Sun Chips
OR Corn Dog, Baked
Beans

24 Breakfast
Apple Frudel
Lunch
Spaghetti and Meatballs,
Mixed Vegetables, Garlic
Toast, Pears OR
Corn Dog, Baked Beans

4 Breakfast
Breakfast Sandwich
Lunch
Tangerine Chicken, Rice,
Mixed Vegetables,
Oranges OR Fruit
Smoothie, Cheese Stick,
Berry Scone

11 Breakfast
Caramel Cini Minis
Lunch
Mac & Cheese, Roll,
Mixed Vegetables,
Oranges OR Crispy
Chicken Ranch Wrap,
Cinna-Stix

18 Breakfast
Breakfast Sandwich
Lunch
Chicken Alfredo, Garlic
Breadstick, Broccoli,
Pears OR Fruit Smoothie,
Berry Scone

25 Breakfast
Caramel Cinni Minis
Lunch
Breakfast Scramble
Bowl, Cinnamon Roll,
Melon OR Chicken Bacon
Ranch Wrap, Zee Zees
Half Popped

5 Breakfast
Waffles
Lunch
Cheese or Dilly Pickle
Pizza, Corn, Tropical
Fruit OR Strawberry
Shortcake Yogurt
Parfait, Granola, Muffin

12 Breakfast
Coco Puffs Bar
Lunch
Stuffed Crust Cheese
Pizza, Roasted Brussel
Sprouts, Fruit Slush Cup
OR Apple Nachos,
Granola, Muffin

19 Breakfast
Waffles
Lunch
Garlic Cheese French
Bread, Green Beans,
Peaches OR Strawberry
Shortcake Yogurt Parfait,
Granola, Muffin

26 Breakfast
Coco Puffs Bar
Lunch
Deep Dish Pepperoni
Pizza, Roasted
Cauliflower, Peaches
OR Apple Nachos,
Granola, Muffin

