



# APRIL 2024

# KND Elementary School


**MON**
**TUE**
**WED**
**THU**
**FRI**


**8 Breakfast**  
Banana Bread  
**Lunch**  
Chicken Nuggets,  
Smiley Fries, Mixed Fruit  
**OR** PB&J Sandwich,   
String Cheese, Goldfish

**15 Breakfast**  
Donut Pull-aparts  
**Lunch**  
Beef Hot Dog, Frito Corn  
Salad, Fresh Grapes **OR**  
PB&J Sandwich, String  
 Cheese, Cheez-its

**22 Breakfast**  
Banana Bread  
**Lunch**  
Toasted Ravioli, Ceasar  
Salad, Breadstick,  
Oranges **OR** PB&J   
Sandwich, String  
Cheese, Goldfish

**29 Breakfast**  
Donut Pull-aparts  
**Lunch**  
BBQ Pulled Pork,  
Coleslaw, Onion Rings,  
Mixed Fruit **OR** PB&J   
Sandwich, String  
Cheese, Cheez-its

**2 Breakfast**  
Poptarts  
**Lunch**  
Crispy Chicken  
Sandwich, Curly Fries,  
Pineapple **OR** Turkey  
& Cheese Sub,  
Sun Chips

**9 Breakfast**  
Breakfast Uncrustable  
**Lunch**  
Cheeseburger, Green  
Beans, Strawberry Cup  
**OR** Ham & Cheese  
Sub, Chips

**16 Breakfast**  
Chocolate Cherry Bar  
**Lunch**  
Loaded Nachos,  
Spanish Rice, Tropical  
Fruit **OR** Turkey &  
Cheese Sub,  
Sun Chips

**23 Breakfast**  
Breakfast Uncrustable  
**Lunch**  
Taco Pizza, Roasted  
Corn, Apple Empanada  
**OR** Ham & Cheese  
Sub, Sun Chips

**30 Breakfast**  
Blueberry Lemon Bar  
**Lunch**  
Popcorn Shrimp, Crinkle  
Fries, Hush Puppies,  
Grapes **OR** Turkey &  
Cheese Sub, Sun Chips

**3 Breakfast**  
Yogurt & Muffin  
**Lunch**  
French Toast, Sausage,  
Hash Browns, Melon  
**OR** Corn Dog, Sweet  
Potato Fries

**10 Breakfast**  
Apple Frudel  
**Lunch**  
Bobcat Bowl, Chicken,  
Mashed Potatoes, Gravy,  
Corn, Cheese, Fruit **OR**  
Corn Dog, Sweet Potato  
Fries

**17 Breakfast**  
Yogurt & Muffin  
**Lunch**  
Italian Subs, Pasta  
Salad, Apple Slices,  
Sun Chips  
**OR** Corn Dog, Baked  
Beans

**24 Breakfast**  
Apple Frudel  
**Lunch**  
Spaghetti and Meatballs,  
Mixed Vegetables, Garlic  
Toast, Pears **OR**  
Corn Dog, Baked Beans

**4 Breakfast**  
Breakfast Sandwich  
**Lunch**  
Tangerine Chicken, Rice,  
Mixed Vegetables,  
Oranges **OR** Fruit  
Smoothie, Cheese Stick,  
Berry Scone

**11 Breakfast**  
Caramel Cini Minis  
**Lunch**  
Mac & Cheese, Roll,  
Mixed Vegetables,  
Oranges **OR** Crispy  
Chicken Ranch Wrap,  
Cinna-Stix

**18 Breakfast**  
Breakfast Sandwich  
**Lunch**  
Chicken Alfredo, Garlic  
Breadstick, Broccoli,  
Pears **OR** Fruit Smoothie,  
Berry Scone

**25 Breakfast**  
Caramel Cinni Minis  
**Lunch**  
Breakfast Scramble  
Bowl, Cinnamon Roll,  
Melon **OR** Chicken Bacon  
Ranch Wrap, Zee Zees  
Half Popped

**5 Breakfast**  
Waffles  
**Lunch**  
Cheese or Dilly Pickle  
Pizza, Corn, Tropical  
Fruit **OR** Strawberry  
Shortcake Yogurt  
Parfait, Granola, Muffin

**12 Breakfast**  
Coco Puffs Bar  
**Lunch**  
Stuffed Crust Cheese  
Pizza, Roasted Brussel  
Sprouts, Fruit Slush Cup  
**OR** Apple Nachos,  
Granola, Muffin

**19 Breakfast**  
Waffles  
**Lunch**  
Garlic Cheese French  
Bread, Green Beans,  
Peaches **OR** Strawberry  
Shortcake Yogurt Parfait,  
Granola, Muffin

**26 Breakfast**  
Coco Puffs Bar  
**Lunch**  
Deep Dish Pepperoni  
Pizza, Roasted  
Cauliflower, Peaches  
**OR** Apple Nachos,  
Granola, Muffin

## ANNOUNCEMENTS

**WELCOME BACK!**  
**APRIL IS EARTH MONTH**

Variety of fresh fruits and  
vegetables offered on our salad  
bar daily

\*Food allergen symbol:  
 = contains peanuts

Ice cold milk options available  
daily: low fat white, low fat  
chocolate

~ Menu subject to change ~

Check out the KND School  
Nutrition Facebook page!

This Institution is an equal  
opportunity provider

**We need SUBS!**  
Call the school office or email  
Tim at [klenowt@manistee.org](mailto:klenowt@manistee.org)  
to learn how to apply!!

