JANUARY | 2022

KND After School Supper

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Strawberry PBJ Applesauce Fresh Fruit Cheese Stick Sun Chips	4 Meat Stromboli Fruit Cup Orange Juice Teddy Grahams	5 Garlic Cheese Pull-Apart Fruit Cup Orange Juice Teddy Grahams	6 Cheese Pizza Applesauce Pouch Fresh Fruit Pretzels	7
10 Grape PBJ Applesauce Fresh Fruit Cheese Stick Sun Chips	11 Taco Stick Mandarin Oranges Baby Carrots Doritos	12 Turkey & Cheese Sub Grapes Craisins Gripz	13 Bosco Sticks Applesauce Pouch Fresh Fruit Chex Mix	14
17 No School	18 Meat Stromboli Fruit Cup Orange Juice Teddy Grahams	19 Garlic Cheese Pull-Apart Fruit Cup Orange Juice Teddy Grahams	20 Cheese Pizza Applesauce Pouch Fresh Fruit Pretzels	21
24 Strawberry PBJ Applesauce Fresh Fruit Cheese Stick Sun Chips	25 Pepperoni Calzone Mandarin Oranges Baby Carrots Doritos	26 Turkey & Cheese Sub Grapes Craisins Gripz	27 Bosco Sticks Applesauce Pouch Fresh Fruit Chex Mix	28
31 Grape PBJ Applesauce Fresh Fruit Cheese Stick Sun Chips	1	2	3	4

All meals are FREE for the 2021-2022 school

Variety of fresh fruits and vegetables offered on our salad bar daily

All of our breads and buns are 100% whole grain

Ice cold milk options available daily: low fat white, low fat chocolate

~ Menu subject to change ~

Check out our KND School Nutrition Facebook page!

This Institution is an equal opportunity provider