

SEPTEMBER | 2021

GSRP - Brethren



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1	2	3 No School
6 No School	7	8	9	10
13 Breakfast Cereal & Fruit Lunch Pizza Burger, Onion Rings, Tropical Fruit Snack Goldfish, Milk	14 Breakfast Egg & Cheese Muffin Lunch Soft Tacos, Fixings, Spanish Rice, Pineapple Snack Emoji Grahams, Milk	15 Breakfast Yogurt & Muffin Lunch Italian Sub, Fresh Veggies, Fruit Cup, Sun Chips Snack Teddy Grahams, Fruit	16 Breakfast Filled Crescent Lunch Breaded Chicken Sandwich, Hash Brown Stars, Oranges Snack Yogurt, Fruit	17
20 Breakfast Banana Bread Lunch Beef Hot Dogs, Curly Fries, Pears Snack Pretzels, Fruit	21 Breakfast Cherry Frudel Lunch Chicken Alfredo, Garlic Bread, Broccoli, Fruit Slush Cup Snack Scooby Snack, Milk	22 Breakfast Cocoa Puffs Soft Bar Lunch Pulled Pork Sandwich, Coleslaw, Green Beans, Grapes	23 Breakfast Chocolate French Toast Lunch Macaroni & Cheese Bar, Toppings, Roll, Diced Pears Snack Yogurt, Fruit	24
27 Breakfast Cereal & Fruit Lunch "Bobcat Bowl" Chicken, Potatoes, Corn, Gravy, Cheese, Fruit Snack Goldfish, Milk	28 Breakfast Egg & Cheese Muffin Lunch Walking Tacos, Fiesta Corn & Beans, Fixings, Pineapple Snack Emoji Grahams, Milk	29 Breakfast Yogurt & Muffin Lunch Corn Dog, Baked Beans, Apples, Baby Carrots Snack Teddy Grahams, Fruit	30 Breakfast Filled Crescent Lunch Emoji Waffles, Sausage Patties, Hash Browns, Fruit Snack Yogurt, Fruit	1



For the 2021-2022 school year ALL student's breakfasts and lunches will be FREE!!

Variety of fresh fruits and vegetables offered on our salad bar daily

All of our breads and buns are 100% whole grain

Ice cold milk options available daily:
low fat white, low fat chocolate

~ Menu subject to change ~

Check out our [KND School Nutrition Facebook page!](#)



This Institution is an equal opportunity provider