

SEPTEMBER | 2021

KND Elementary School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30 Breakfast Banana Bread Lunch Cheeseburger, Seasoned Fries, Fresh Plums OR PB&J, Cheese Stick, Chex Mix</p>	<p>31 Breakfast Egg & Cheese Muffin Lunch Chicken & Waffles, Green Beans, Pineapple OR Hot Ham & Cheese Pretzel Roll Combo</p>	<p>1 Breakfast Yogurt & Muffin Lunch Bosco Sticks, Marinara, Corn, Mandarin Oranges, OR Corn Dog, Baked Beans</p>	<p>2 Breakfast Filled Crescent Lunch Chicken Nuggets, Smiley Fries, Apple Slices OR PB&J, Cheese Stick, Elf Grahams</p>	<p>3 No School</p>
<p>6 No School</p>	<p>7 Breakfast Cherry Frudel Lunch Tangerine Chicken, Rice Stir Fry Veggies, Pears OR Hot Ham & Cheese Pretzel Roll Combo</p>	<p>8 Breakfast Cocoa Puffs Soft Bar Lunch Bubble Fruit Smoothie, Crunch Bar, Turkey Stick, Baby Carrots OR Corn Dog, Baked Beans</p>	<p>9 Breakfast Chocolate French Toast Lunch Egg, Bacon, & Cheese Croissant, Hash Browns, Grapes OR PB&J, Cheese Stick, Teddy Grahams</p>	<p>10 Breakfast Bagels & Cream Cheese Lunch Garlic Cheese French Bread, Corn on the Cob, Watermelon OR PB&J, Cheese Stick, Goldfish</p>
<p>13 Breakfast Mini Donuts Lunch Pizza Burger, Onion Rings, Tropical Fruit OR PB&J, Cheese Stick, Chex Mix</p>	<p>14 Breakfast Egg & Cheese Muffin Lunch Soft Tacos, Fixings, Spanish Rice, Pineapple OR Hot Ham & Cheese Pretzel Roll Combo</p>	<p>15 Breakfast Yogurt & Muffin Lunch Italian Sub, Fresh Veggies, Fruit Cup, Sun Chips OR Corn Dog, Baked Beans</p>	<p>16 Breakfast Filled Crescent Lunch Breaded Chicken Sandwich, Hash Brown Stars, Oranges OR PB&J, Cheese Stick, Elf Grahams</p>	<p>17 Breakfast Jumbo Cereal Cup Lunch Personal Cheese Pizza, Key West Vegetables, Grapes OR PB&J, Cheese Stick, Goldfish</p>
<p>20 Breakfast Banana Bread Lunch Beef Hot Dogs, Curly Fries, Pears OR PB&J Sandwich, Cheese Stick, Chex Mix</p>	<p>21 Breakfast Cherry Frudel Lunch Chicken Alfredo, Garlic Bread, Broccoli, Fruit Slush Cup OR Hot Ham & Cheese Pretzel Roll Combo</p>	<p>22 Breakfast Cocoa Puffs Soft Bar Lunch Pulled Pork Sandwich, Coleslaw, Green Beans, Grapes OR Corn Dog, Baked Beans</p>	<p>23 Breakfast Chocolate French Toast Lunch Macaroni & Cheese Bar, Toppings, Roll, Diced Pears OR PB&J, Cheese Stick, Teddy Grahams</p>	<p>24 Breakfast Bagels & Cream Cheese Lunch Pepperoni Deep Dish Pizza, Mixed Vegetables, Mixed Berries OR PB&J, Cheese Stick, Goldfish</p>
<p>27 Breakfast Mini Donuts Lunch "Bobcat Bowl" Chicken, Potatoes, Corn, Gravy, Cheese, Fruit OR PB&J, Cheese Stick, Chex Mix</p>	<p>28 Breakfast Egg & Cheese Muffin Lunch Walking Tacos, Fiesta Corn & Beans, Fixings, Pineapple OR Hot Ham & Cheese Pretzel Roll Combo</p>	<p>29 Breakfast Yogurt & Muffin Lunch Bubble Fruit Smoothie, Crunch Bar, Cheese Stick, Baby Carrots OR Corn Dog, Baked Beans</p>	<p>30 Breakfast Filled Crescent Lunch Emoji Waffles, Sausage Patties, Hash Browns, Fruit, Pudding OR PB&J, Cheese Stick, Elf Grahams</p>	<p>1</p>



For the 2021-2022 school year ALL student's breakfasts and lunches will be FREE!!

Variety of fresh fruits and vegetables offered on our salad bar daily

All of our breads and buns are 100% whole grain

Ice cold milk options available daily:
low fat white, low fat chocolate

~ Menu subject to change ~

Check out our [KND School Nutrition Facebook page!](#)



This Institution is an equal opportunity provider